



DC Endodontic Center

202-835-3636

# Instructions Following Surgery



Don't chew on the treated side.

Do not lift or pull on lips. Eat soft foods.



Take medication as instructed. Some swelling or bruising is not unusual.

Brush chewing surface of teeth carefully. Avoid the gum at the surgical site. Mouthwash may be used.

Day of surgery: Apply an ice pack to face over the surgical site for 20 minutes on, 10 minutes off.



Day after surgery **for at least 3 days**: Rinse mouth often with warm salt water  
(one teaspoon of salt in 8 oz. of warm water)

If you experience fever, swelling or uncontrolled pain, please call the office at 202-835-3636 for instructions.